**Evangel Community Church**

**NEW YEAR… NEW ATTITUDE**

**Doug Surratt** January 1, 2023

*“So Elijah fled for his life; he went to Beersheba, a city of Judah, and left his servant there.**Then he went on alone into the wilderness, traveling all day, and sat down under a broom bush and prayed that he might die. I’ve had enough,” he told the Lord. “Take away my life. I’ve got to die sometime, and it might as well be now.”*

*1Kings 19:3-4*

**Attitude Adjustment Indicators**

1. When little outbursts of temper increase.
2. When interruptions produce irritation.
3. When my emotions become overly sensitive.
4. When my view of people begins to lower.

**Principles of Attitude Formation**

1. What is in me determines what comes out of me.

*“…out of men’s hearts, come evil thoughts of lust, theft, murder, adultery, wanting what belongs to others, wickedness, deceit, lewdness, envy, slander, pride, and all other folly.**All these vile things come from within; they are what pollute you and make you unfit for God.”*

*Mark 7:20-23*

1. I choose what goes in me.

*“The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light.**But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!”*

*Matthew 6:22-23*

1. I choose my attitude and am solely responsible for it.

**Developing a Good Attitude**

1. Clean up the junk that fills our hearts and minds.

*“let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.”*

*2 Corinthians 7:1*

1. Don’t try to have a good attitude, train for one.

*“whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”*

*Philippians 4:8*

1. Fill your mind with the right thoughts.

*“Whatever you have learned or received or heard from me, or seen in me—put it into practice.”*

*Philippians 4:9*

1. Fill your life with the right people.